



VOLUNTEER DETAILS



Our amazing, hardworking volunteers are the backbone to all our wonderful events, and we'd love to have your help! Come on out to Gourdy's Pumpkin Run and help us celebrate everything amazing about the fall season!

VOLUNTEER TASKS:

- Packet Pick-Up
- Handing out medals, water and bananas
- Manning the water station
- Course marshalling
- Directing cars into the parking lot
- Tearing down the course

Volunteers will do a variety of tasks, so you will never get bored! If you have experience in one of these areas (or just really want to give one a try) let us know and we'll do our best to place you there!



REQUIREMENTS:

- Must be 13 years or older
- Must be able to be on time and stay for the entire duration of the shift
- Must be able to move around as needed throughout the entire shift
- Some shifts may require heavy lifting, so sign up for the mid or late shift if you'd like to break a sweat!
- Must be able to smile! :)

SIGN UP TO VOLUNTEER AND RECEIVE ONE OF THE FOLLOWING:

- 🍎 **A FREE REGISTRATION TO** Gourdy's Pumpkin Run in 2021
- 🍎 **A FREE REGISTRATION TO** Gourdy's Pumpkin Run in 2020 (provided your running wave does not interfere IN ANY WAY with your volunteer shift)
- 🍎 **A FREE REGISTRATION TO** Gourdy's Pumpkin Run: Virtual in 2020 or 2021
- 🍎 **A DONATION TO** the charity of your choice

In addition, all volunteers receive a cozy long-sleeved shirt, complete with thumbholes!

INTERESTED?

Find an event near you and select the Volunteer Sign-Up Button!

